

Hearty Pesto Chicken Salad



SERVINGS: 1

PREPPING TIME: 5 MIN

COOKING TIME: 20 MIN
(FOR CHICKEN BREAST)

INGREDIENTS

- 2 cups mixed greens
- 4 oz cooked chicken breast, sliced
- 1/2 small avocado
- Handful cherry tomatoes
- 2 oz sliced mozzarella
- 1 tbsp pesto sauce (made with olive oil).

DIRECTIONS

1. Mix together pesto sauce with chopped tomatoes and mozzarella.
2. Combine all other ingredients together and top with tomato mixture.

NUTRITION INFO

Calories: 578, Carbohydrate: 24 grams, Protein: 56 grams, Fat: 31 grams